

## This Workshop Is For You If...

- you want to enrich a good relationship...
- you are beginning a relationship you want to keep...
- you are in a difficult relationship and want to resolve long-standing conflicts...
- you are near break-up or divorce and want to decide if the relationship can be saved.

“ No single thing has more directly impacted our relationship in such a positive way.”

— Peter G.

## You Will Learn How To...

- understand why the very qualities that attracted you to each other now often drive you crazy...
- identify the hidden forces that control your relationship...
- develop new communication skills that break cycles of hurt and frustration...
- express your needs effectively and your love in ways that touch your partner's heart...
- resolve long-standing conflicts and heal old wounds...
- rediscover the romance, laughs and intimacy in your relationship...
- restore hope and faith in each other.

## About

# GETTING THE LOVE YOU WANT

by Harville Hendrix, PhD...

“ I know of no better guide for couples who genuinely desire a maturing relationship.”

— M. Scott Peck

author of *The Road Less Traveled*



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Restoring Connection in couples, families

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## Getting the

# LOVE You Want

A WORKSHOP

FOR COUPLES WITH

**Stephen Ledyard  
M.A., MFT**

&

**Bea Ledyard, M.S.**

“ A wonderful gift to ourselves.”

— Ed M.

## Getting the

# LOVE *You Want*

...a workshop for couples to rediscover the joy and potential of being together while using their relationship for personal change and growth.

**“ I can’t imagine being in a relationship without this training.”**

— Robin P.

## About the Workshop...

The “GETTING THE LOVE YOU WANT” workshop has been designed by Harville Hendrix, Ph.D., and is based on the theory and exercises described in his best-selling book. It will include lectures, written exercises, demonstrations, guided imagery, and communication processes you will do as a couple with assistance as needed.

**“ Bea and Stephen provide a safe framework for creating nurturing, loving relationships through their example and authenticity.”**

— Sandy A.

This workshop is designed to create a confidential and comfortable environment for your learning. You will work individually and with your partner, being invited but not required to share with the group.

The skills and understanding you gain in this workshop will enhance and accelerate any other couples work you may be doing.

## Workshop Presenters...

# STEPHEN & BEA LEDYARD

Stephen and Bea are counselors in private practice each with 30 years of clinical experience. Perhaps more significantly, they have been partners and parents for over 35 years, keeping their relationship growing, lively and full of humor. Together they offer private work for individuals and couples, as well as leading workshops and groups.

Originally introduced to Harville Hendrix’s work in 1989, they have been trained through Dr. Hendrix’s Institute as Certified Imago Relationship Therapists and Workshop Presenters.

**“ We are excited to be able to offer you the same skills and experiences that have so deepened our relationship. Sharing this work with other couples is a great pleasure for us.”**

— Bea & Stephen

