

# Keeping the *Love* You Find

## An Imago Workshop for Individuals

Now individuals can experience some of the same great exercises, insights and tools for having successful relationships that are taught in the **Getting the Love You Want** Workshop for couples. Learn how to grow beyond the old behaviors, beliefs, and attitudes that interfere with the loving intimate relationships you desire.

This experiential workshop, based on the groundbreaking work of Harville Hendrix Phd. and his best-selling book, *Keeping the Love you Find: A guide for Singles*, is for all who are interested in understanding past and present relationships as crucibles for personal growth.

Using guided imagery, written exercises, role-playing, and group process, this workshop helps you:

- ♥ Understand why you tend to be attracted to certain types of partners
- ♥ take steps to overcome fears and say “good-bye” to old relationship wounds
- ♥ Discover how old ways of coping are sabotaging your relationship
- ♥ Practice new skills that help you work through conflict
- ♥ Make behavioral changes and learn tools that will support and sustain an intimate partnership and relationships that are important to you.

The **Keeping the *Love* You Find** Workshop is open to individuals and couples interested in exploring each person's individual issues. Professionals also gain information they can use with clients.

The weekend workshop is followed by an optional 8-week follow-up group called “Keys to the Cage” that will help you further implement the new information and gain the keys to successful relationships.



### **Tim Higdon MS LPC**

is a Certified Imago Relationship Consultant and Workshop Presenter. He brings 30 years of experience to his work with individuals, couples and families and is passionate about restoring connection between people—helping them to build relationships that last a lifetime.

**When: Sept 25-26, 2010**

**Where: Three Rivers Center for Relationship**

**Time: 8:30am-6pm, Saturday & Sunday**

**Cost: \$325 (payment plans accepted)**

**Led by: Tim Higdon MS LPC**

**For more information and to register call Tim at:**

**541-330-9782 ex. 1**



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